Breakfast Sausage

Ingredients

- 1 pound ground turkey
- 1/2 tsp salt
- 1/2 tsp pepper
- 1/2 tsp paprika
- 1 tsp ground sage
- 1 small onion, diced
- 1/4 cup dry bread crumbs
- 1 Tbsp oil (optional)

Instructions

1. Mix all ingredients well in a bowl.
2. Chill overnight.
3. Form into patties.
4. Fry slowly until brown on each side.
5. Makes 6-8 patties.

Breakfast Sausage

1 pound ground turkey
½ tsp salt
½ tsp pepper
½ tsp paprika
1 tsp ground sage
1 small onion, diced
¼ Cup dry bread crumbs
1 Tablespoon oil (opt.)

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