

# Salisbury Steak

## Ingredients

- 2 lb hamburger
- 1 cup milk
- 1 Tbsp Worcestershire sauce
- 1 cup oats
- 1 chopped onion
- 1 can cream of mushroom soup
- 1 can milk
- Garlic powder

## Instructions

1. Mix together hamburger, milk, Worcestershire sauce, oats, and chopped onion.
2. Shape into steaks and brown.
3. Pour 1 can cream of mushroom soup and 1 can milk over them.
4. Sprinkle with garlic powder.
5. Bake for 1 hour at 375°F.

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