Apple Oat Crunch

Mazola

Yields 8 servings

Ingredients

- No-stick cooking spray
- 1 cup quick oats
- 2/3 cup packed brown sugar, divided
- 1/2 cup flour
- 1/4 tsp nutmeg
- 1/2 cup unsalted margarine
- 5 cups peeled, sliced apples (about 5 medium)
- 1/2 tsp cinnamon

Instructions

1. Spray a 9" square baking pan with cooking spray.
2. In a medium bowl, combine oats, 1/3 cup brown sugar, flour, cinnamon, and nutmeg.
3. With a pastry blender or 2 knives, cut in margarine until coarse crumbs form.
4. In a large bowl, combine remaining 1/3 cup brown sugar and apples.
5. Spoon apple mixture into prepared pan.
6. Top evenly with crumb mixture.
7. Bake in a 375°F oven for 50 minutes or until browned.

APPLE OAT CRUNCH **MAZOLA**

No-stick cooking spray
1 c. quick oats
2/3 c. packed brown sugar, divided
½ cup flour
¼ tsp. nutmeg
½ c. unsalted margarine
5 c. peeled, sliced apples (about 5 medium)
½ tsp. cinnamon

Spray 9" square baking pan with cooking spray. In medium bowl combine oats, 1/3 cup brown sugar, flour, cinnamon and nutmeg. With pastry blender or 2 knives cut in margarine until coarse crumbs form. In large bowl combine remaining 1/3 cup brown sugar and apples. Spoon into prepared pan. Top evenly with crumb mixture. Bake in 375 degree oven for 50 minutes

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or until browned.

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Calories - 280; protein - 3g, carbohydrate - 41g fat - 13 g, polyunsaturated fat - 4 g, saturated fat - 2 g, cholesterol - 0 mg, sodium - 5 mg.

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