

Oat Meal Bread

From Mrs. Morrill

Ingredients

- 1 cup rolled oats
- 1/4 cup molasses
- 1 tsp salt
- 1 Tbsp lard
- 1 pint boiling water
- 1/2 yeast cake, dissolved in a little water
- About 1 quart bread flour

Instructions

1. Combine rolled oats, molasses, salt, and lard.
2. Pour 1 pint of boiling water over the mixture and let cool.
3. Add the 1/2 yeast cake dissolved in a little water.
4. Stir in about a quart of bread flour.
5. Let rise overnight.
6. Make into 2 loaves and let rise again.
7. Bake in a not severely hot oven.

Notes

Walnuts may be used. I have never used them.

Oat Meal Bread.

1 cup rolled oats.

$\frac{1}{4}$ " molasses.

1 teaspoon salt.

1 tablespoon lard.

Pour on 1 pint boiling water and let cool.

Then add $\frac{1}{2}$ yeast cake dissolved in a little water.

Stir in about a quart of bread flour.

Let rise over night.

Make into 2 loaves and let rise again - then bake in not a severely hot oven.

Walnuts may be used. I have never used them.

Mrs. Merrill

